

OAK & ANVIL

Spa Package

STARTERS

SOUP OF THE DAY

Homemade Guinness Treacle Bread (1,3,5,10)

KFC SPICED CAULIFLOWER NUGGETS

Lime, Mint & Yoghurt Dipping Sauce or BBQ (3W,10)

BALLINCAREY FARMS ORGANIC BEETROOT

Gold River Farm Salad, Whipped Goats Cheese,
Croutons, Spiced Seed Cracker (3W, 4,7,10)

GRILLED FIG & FETA BRUSCHETTA

Parma Ham, Sourdough, Rocket, Balsamic
& Hazelnut Dressing (3W, 4,10,11H)

HERB SALMON GRAVLAX

Herb Salmon Gravlax, Dill Crème Fraiche, Rocket,
Guinness & Treacle Bread, Capers & Lemon Dressing (1,3W,4,10,14)

MAINS

OAK & ANVIL CAESAR SALAD

Baby Gem Lettuce, Crispy Bacon, Parmesan, Anchovies,
Sea & Rosemary Croutons, Caesar Dressing
(Add Chicken/Prawns - €7/€9) (1,3W,4,7,10)

BUTTER CHICKEN MASALA

Butter Chicken, Creamy Coconut & Coriander Sauce,
Steamed Rice, Garlic Naan Bread (3W,4,10)

OAK & ANVIL CLUB SANDWICH

Fried Egg, Lettuce, Bacon, Turkey, Tomato on Sourdough,
Mustard Mayonnaise & Chunky Chips(1,3W,4,7,10,GF)

SUPERFOOD SALAD

Quinoa, Red Cabbage, Pak Choi, Chickpeas, Beetroot,
Avocado, Grapefruit, Walnuts & Chilli Dressing (4,7,11W)
(Add Chicken/Prawns - €7/€9) (1,3W,4,7,10)

PAN FRIED FILLET OF SALMON

Samphire, Cauliflower Puree, Mash Potato,
Brown Shrimp Butter Sauce (4,8,10,14)