



**KILLASHEE**

HOTEL • SPA • LEISURE

## Killashee Networking Lunch Menus

### Build your own salad bar to include

Cooked cold meats (Beef, Ham & Chicken)

Smoked Salmon (14)

Shrimps (8)

Cucumber, red onion, cherry tomatoes, broccoli (4)(7)

Rocket lettuce, iceberg lettuce, bean sprouts, carrots, (4)(7)

Peppers, pickles, penne pasta, roasted vegetables, red cabbage (4)(7)(1)(3)

Feta cheese, smoked cheddar, grated mozzarella (4)(7)

Selection of sauces and vinaigrettes (4)(7)

Selection of nuts and seeds (6)(11)

Bread station (1)(3)

### Hot Carving Station

Roast Turkey breast

Honey glazed ham with mustard (7)

Roast leg of lamb with rosemary and mint

Hot peppered beef, horseradish

Served with condiments and brioche bap (4)(7)(3)

*Please select one option from above list*

**From the kitchen served in noodle boxes**

Beef stroganoff served with steamed rice (4)(7)(10)

Chicken ala king served with steamed rice (10)

Braised beef served with garlic mash potato (7)(10)

Thai red chicken curry served with steamed rice and naan bread (4)(10)(12)(13)

Sweet potato & lentil dahl, steamed rice (1)(3)(4)

Tempura prawns and French fries, sweet chilli dressing (3)(14)

Chick pea, courgette, tomato & pepper stew, basil oil, steamed rice (11)

Chilli beef salad, Chinese cabbage, cashew nuts, beansprouts, coriander, mints, carrots,  
sesame & soy dressing (4,6,11C,12)

**Build your own salad bar, carving station, tea and coffee €24.50**

**Build your own salad bar, carving station, one main hot option, tea and coffee €28.50**

**Build your own salad bar, carving station, two main hot options, tea and coffee €36.50**

*1) Eggs 2) Molluscs 3) Gluten 4) Sulphur Dioxide 5) Celery 6) Sesame  
Seeds 7) Mustard 8) Crustaceans 9) Lupin 10) Milk 11) Nuts 12) Soybeans 13) Peanut 14) Fish V)  
11C (Cashews 0 Vegetarian Option C) Coeliac Option*